

# HEALTHY MINDS; STRONGER COMMUNITIES A WINTER COMMUNITY WELLNESS EVENT



DECEMBER 6TH, 2025

11:00am-1:00pm

Hammond Central High School  
5926 Calumet Avenue  
Hammond, IN

Community Resources, crafts, giveaways,  
refreshments and more!

Please contact Ericka Wills with any questions at  
[emwills@hammond.k12.in.us](mailto:emwills@hammond.k12.in.us) (219) 933-2442 ext. 1612  
or Kaitlyn Gonzalez at [kaitlyn.gonzalez@uhc.com](mailto:kaitlyn.gonzalez@uhc.com)

